Recommended Reads Being You



BARN, D I Am Every Good Thing **Derrick Barnes**



Illustrations and easy-to-read text pay homage to the strength, character, and worth of a child.

<u>I Believe I Can</u> Grace Byers



An empowering follow-up that celebrates every child's limitless potential. An affirmation for boys and girls of every background to love and believe in themselves.

DOYO, S

Magnificent Homespun Brown: A Celebration Samara Cole Dovon Joyful young narrators celebrate feeling at home in one's own skin.

P Gard, L

I Love Me! LaRonda Gardner Middlemiss



Through illustrations and simple, rhyming text a group of children celebrates their own bodies. pointing out how their diverse arms bend and fold, their teeth shine, and more.

Leila in Saffron Rukhsanna Guidroz



Shy and unsure of herself, Leila discovers all the things that make her special with the loving help of her Naani.

Eyes That Kiss in the Corners Joanna Ho



A young Asian girl notices that her eyes look A young Asian girl notices that her eyes look different from her peers'. They have big, round eyes and long lashes. She realizes that her eyes are like her mother's, her grandmother's, and her little sister's. They have eyes that kiss in the corners and glow like warm tea, crinkle into crescent moons, and are filled with stories of the past and hope for the future.

P Noor, N

Beautifully Me Nabela Noor



Zubi, a happy Bangladeshi girl, is excited about her first day of school, but at breakfast she is puzzled by her mother and older sister worrying about being "too big," and even at school she hears other people criticizing each other's bodies, and she starts to worry that maybe something is wrong with how she looks--until her declaration at dinner that she is on a diet makes her family realize what they have been doing wrong.

OHÁI. M

You Are Enough: A Book About Inclusion Margaret O'Hair



It can be hard to be different. But wouldn't it be boring if we were all the same? Being different is what makes you YOU. This inclusive and empowering picture book inspired by Sofia Sanchez -- a young model and actress with Down syndrome--reminds readers how important it is to embrace your differences, be confident, and be proud of who you are.



Be Who You Are Todd Parr



Picture book encouraging kids to be proud of what makes them unique, where they come from, and how they express themselves and see the world.



P Be You! REYN, P Peter H. Reynolds



Discover a joyful reminder of the ways that every child is unique and special. Here, Reynolds reminds readers to "be your own work of art." To be patient, persistent, and true. Because there is one, and only one,



You Matter Christian Robinson



Illustrations and easy-to-read text remind the reader that no matter what happens or how one feels, he or she matters.



What I Am Divya Srinivansan



A young narrator describes herself as many things at the same time - a girl, a granddaughter, Indian, American, both selfish and generous, mean and kind - and these seeming contradictions are precisely what makes her a unique individual.



Fantastic You Danielle Dufayet



Teaches the reader how to develop and nurture a loving and positive relationship with oneself by engaging in such behaviors as selftalk and self-compassion throughout the day.



Just Like Me



Vanessa Brantley-Newton There are all kinds of girls! Girls who feel happy, sad, scared, powerful; girls who love their bodies and girls who don't; country girls, city girls; girls who love their mom and girls who wish they had a daddy. With bright portraits in vibrant colors and unique patterns and fabrics, this book invites you to find yourself within its pages.

MORE "BEING YOU" BOOKS:

I Am Perfectly Designed | I P Brown

I Can Be Anything!: Don't Tell Me I Can't! I P Dillon

Tickled Pink: How Friendship Washes the World With Color | | P Poulin

It's OK to be a Unicorn I P Tharp

Lizzy McTizzy and the Busy Dizzy Day I P Weeks