

Parents Corner Topics:

Social-Emotional Learning

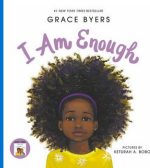


Aurora
Public
Library
District

**P
BYER, G**

I Am Enough Grace Byers

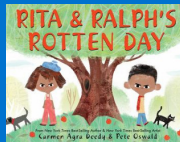
Shares a story of loving who you are, respecting others and being kind to one another.



**P
DEED, C**

Rita & Ralph's Rotten Day Carmen Agra Deedy

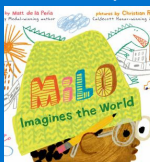
Rita and Ralph live on neighboring hills and they are best friends, until a silly accident while goofing around ends up with both of them angry and unhappy--and they both need to find a way to heal the break in their relationship.



**P
DELA, M**

Milo Imagines the World Matt de la Peña

While Milo and his sister travel to a detention center to visit their incarcerated mother, he observes strangers on the subway and draws what he imagines their lives to be.



**P
FLET, J**

We All Play = Kimêtawânaw Julie Flett

From chasing, chirping birds, to swimming, squirting whales, this book for young readers reminds them how animals play just like them. This picture book, with gorgeous images and sweet simple text, is a marvelous celebration of the interconnectedness of all creatures.



**P
KELK, S**

Bindu's Bindis Supriya Kelkar

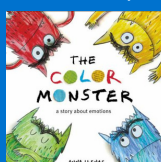
This charming picture book is about a little girl who loves her bindis (and the many creative shapes they come in!). The bindis are also a connection to her Nani who lives in India. When Nani comes to visit Bindu and brings the bindis to her, it is just in time to wear something new to the school talent show. Bindu and Nani work together to shine their brightest and embrace their sparkle, even when they stand out from the crowd.



**P
LLEN, A**

The Color Monster: A Story About Emotions Anna Llenas

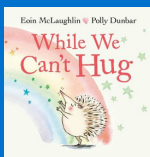
One day, Color Monster wakes up feeling very confused. His emotions are all over the place; he feels angry, happy, calm, sad and scared all at once! To help him, a little girl shows him what each feeling means through color. As this adorable monster learns to sort and define his mixed up emotions, he gains self-awareness and peace as a result.



**P
MCLA, E**

While We Can't Hug Eoin McLaughlin

Hedgehog and tortoise are the best of friends. But they're not allowed to hug. Luckily there are lots of other ways to show someone you love them.



**P
MILL, P**

Be Kind Pat Zietlow Miller

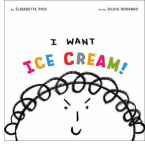
When Tanisha spills grape juice all over her new dress, her classmate contemplates how to make her feel better and what it means to be kind. From asking the new girl to play to standing up for someone being bullied, this moving and thoughtful story explores what a child can do to be kind, and how each act, big or small, can make a difference or at least help a friend.



P
PICA, E

I Want Ice Cream!
Elisabetta Pica

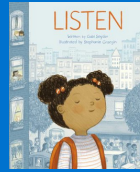
Illustrations and simple text follow a young child's colorful journey from disappointment and resistance to acceptance.



P
SNYD, G

Listen
Gabi Snyder

Illustrations and easy-to-read text urge the reader to go beyond the noise of the city to listen to a crow's caw, rain dripping onto a sidewalk, and whispered goodnights. Includes notes about listening.



POR
TRIM, C

The Little Things: A Story About Acts of Kindness
Christian Trimmer

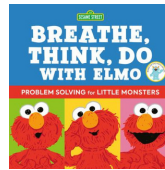
A little girl's small act of kindness after a storm spreads throughout her town so that the next time there is a storm, her community comes together to make a big difference.



J 153.4
NEWM, R

Breathe, Think, Do With Elmo: Problem Solving for Little Monsters
Robin Newman

In this interactive picture book that provides breathing exercises and important emotional vocabulary, young children can follow along as the lovable furry red monster faces common problems.

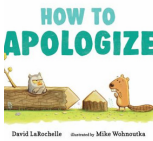


Also check out the [Sesame Street Character Guides!](#)

J 395.1
LARO, D

How to Apologize
David LaRochelle

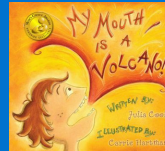
Wouldn't the world be a better place if everyone knew how to apologize? Luckily, this humorous guidebook is full of practical tips about when, why, and how to say you're sorry. This book will come as a welcome reminder that even though apologizing can be hard, it doesn't have to be complicated.



PT P
COOK, J

My Mouth is a Volcano!
Julia Cook Gormley

This book teaches children to manage their thoughts and words without interrupting.



MORE BOOKS ABOUT S.E.L.

Laxmi's Mooch | P Anand

Why Am I Me? | P Britt

The Way I Feel | P Cain

Pass It On | P Henn

It's Okay to Make Mistakes | P Parr

Gentle Hands and Other Sing-Along Songs for Social-

Emotional Learning | PT 782.42083 RICK, A