

# Parents Corner Topics:

## Social-Emotional Learning

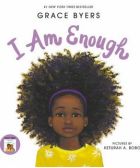


Aurora  
Public  
Library  
District

**P  
BYER, G**

I Am Enough  
Grace Byers

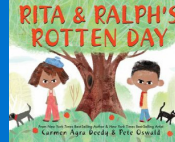
Shares a story of loving who you are, respecting others and being kind to one another.



**P  
DEED, C**

Rita & Ralph's Rotten Day  
Carmen Agra Deedy

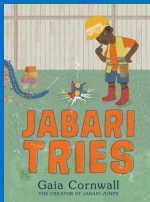
Rita and Ralph live on neighboring hills and they are best friends, until a silly accident while goofing around ends up with both of them angry and unhappy--and they both need to find a way to heal the break in their relationship.



**P  
CORN, G**

Jabari Tries  
Gaia Cornwall

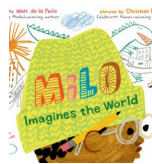
Jabari is making a flying machine all by himself, but when it doesn't work the way he imagined, he learns about perseverance and problem-solving.



**P  
DELA, M**

Milo Imagines the World  
Matt de la Peña

While Milo and his sister travel to a detention center to visit their incarcerated mother, he observes strangers on the subway and draws what he imagines their lives to be.



**P  
DITE, A**

The Magical Yet  
Angela DiTerlizzi

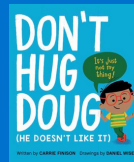
Each of us, from the day we're born, is accompanied by a special companion--the Yet. Can't tie your shoes? Yet! Can't ride a bike? Yet! Can't play the bassoon? Don't worry, Yet is there to help you out. The Magical Yet is the perfect tool for parents and educators to turn a negative into a positive when helping children cope with the inevitable difficult learning moments we all face.



**P  
FINI, C**

Don't Hug Doug: (He Doesn't Like It)  
Carrie Finison

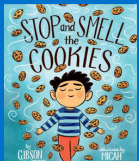
Doug prefers not to be hugged, but there are a variety of other ways his loved ones can show him affection.



**P  
FRAZ, G**

Stop and Smell the Cookies  
Gibson Frazier

Dash's mom helps him find a way to manage his big feelings.



**P  
MILL, P**

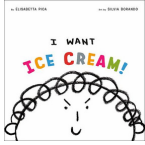
Be Kind  
Pat Zietlow Miller

When Tanisha spills grape juice all over her new dress, her classmate contemplates how to make her feel better and what it means to be kind. From asking the new girl to play to standing up for someone being bullied, this moving and thoughtful story explores what a child can do to be kind, and how each act, big or small, can make a difference or at least help a friend.



**P  
PICA, E**

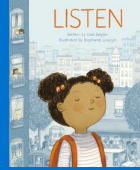
I Want Ice Cream!  
Elisabetta Pica



Illustrations and simple text follow a young child's colorful journey from disappointment and resistance to acceptance.

**P  
SNYD, G**

Listen  
Gabi Snyder



Illustrations and easy-to-read text urge the reader to go beyond the noise of the city to listen to a crow's caw, rain dripping onto a sidewalk, and whispered goodnights. Includes notes about listening.

**POR  
TRIM, C**

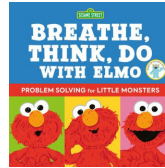
The Little Things: A Story About Acts of Kindness  
Christian Trimmer



A little girl's small act of kindness after a storm spreads throughout her town so that the next time there is a storm, her community comes together to make a big difference.

**J 153.4  
NEWM, R**

Breathe, Think, Do With Elmo: Problem Solving for Little Monsters  
Robin Newman



In this interactive picture book that provides breathing exercises and important emotional vocabulary, young children can follow along as the lovable furry red monster faces common problems.

Also check out the [Sesame Street Character Guides!](#)

**J 155.4  
OLEA, W**

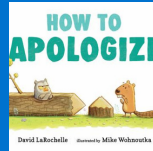
The Monster Parade  
Wendy O'Leary



This fun and playful story uses the analogy of a parade to help children acknowledge and manage big feelings. Watch as anger passes and sadness disappears...it's all part of the parade. Written in verse, The Monster Parade helps children name and work with emotions in engaging ways.

**J 395.1  
LARO, D**

How to Apologize  
David LaRochelle



Wouldn't the world be a better place if everyone knew how to apologize? Luckily, this humorous guidebook is full of practical tips about when, why, and how to say you're sorry. This book will come as a welcome reminder that even though apologizing can be hard, it doesn't have to be complicated.

## MORE BOOKS ABOUT S.E.L.

That Fruit is Mine | P Allepuz

The Rabbit Listened | P Doerrfeld

Pass It On | P Henn

The Color Monster | P Llenas

It's Okay to Make Mistakes | P Parr

Big Feelings | P Penfold

Breathing Makes It Better | J 158.1 WILL, C