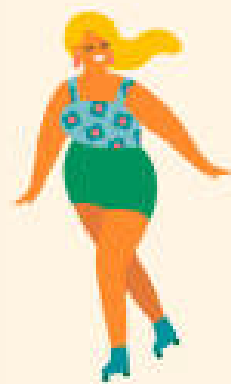
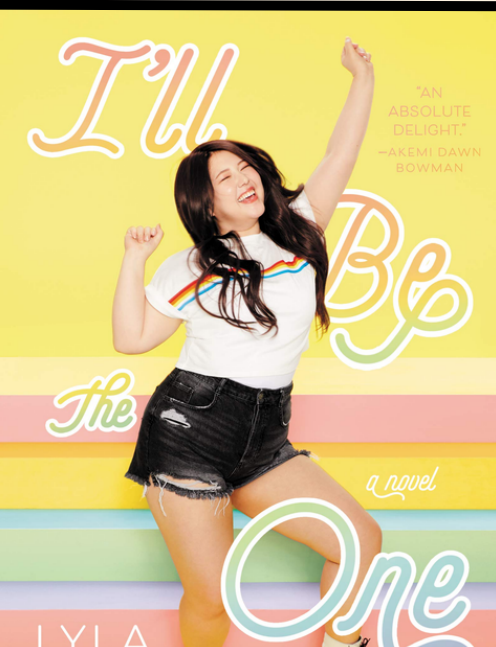




RECOMMENDED READS



♥♥ Body Positive ♥♥



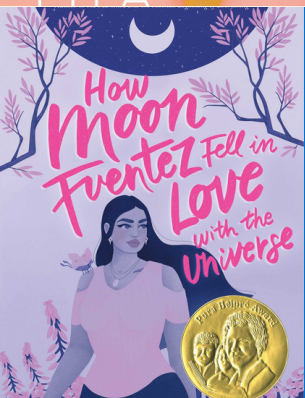
I'LL BE THE ONE Lyla Lee

Skye Shin has heard it all. Fat girls shouldn't dance. Wear bright colors. Shouldn't call attention to themselves. But Skye dreams of joining the glittering world of K-Pop, and to do that, she's about to break all the rules that society, the media, and even her own mother, have set for girls like her. She'll challenge thousands of other performers in an internationally televised competition looking for the next K-pop star. Sparks that soon fly with her fellow competitor, Henry Cho. Skye has her sights on becoming the world's first plus-sized K-pop star, and that means winning the competition, without losing herself.



EVERY BODY SHINES : SIXTEEN STORIES ABOUT LIVING FABULOUSLY FAT edited by Cassandra Newbould

Sixteen stories celebrating fat teens with bodies of many shapes and from many communities, cultures, races, genders, and orientations in contemporary settings as well as fictional worlds.



HOW MOON FUENTEZ FELL IN LOVE WITH THE UNIVERSE

Raquel Vasquez Gilliland

Moon Fuentez accepts her fate as the ugly, unwanted sister. When she takes a job as a "merch girl" on a tour bus full of beautiful influencers (including her twin sister), Moon questions her destiny as the unnoticed, unloved wallflower she always thought she was.



FAT CHANCE, CHARLIE VEGA Crystal Maldonado

Charlie Vega is smart, funny, artistic, ambitious. And fat. People sometimes have a problem with that last one. Especially her mom. When Charlie starts a tentative relationship with cute classmate Brian, the first worthwhile guy to notice her, everything is perfect until she learns one thing: he asked her (popular) best friend out first.

GIRLS LIKE ME Lola StVil

Fifteen-year-old Shay is trying to cope with being overweight and getting bullied in school, but when she falls in love with mysterious Blake, insecure Shay needs the help of her two best friends to make love prevail.



DARIUS THE GREAT IS NOT OKAY Adib Khorram

Darius has never really fit in at home, and he's sure things are going to be the same in Iran. His clinical depression doesn't exactly help matters, and trying to explain his medication to his grandparents only makes things harder. Then Darius meets Sohrab, the boy next door, and everything changes.

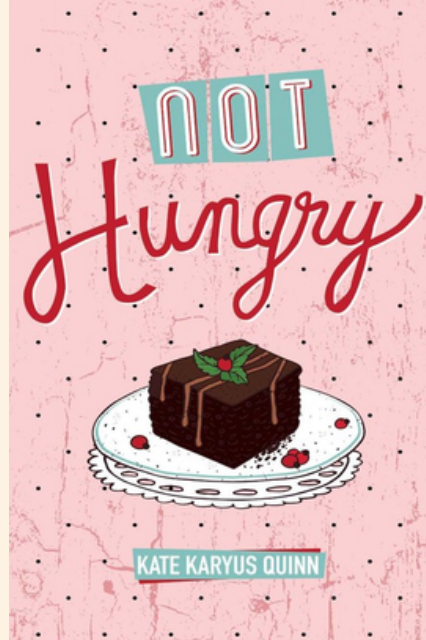




THE BIG REVEAL

Jen Larsen

Addie is a talented dancer, a true-blue friend, and a fat, fierce, and driven young woman. When she's accepted into the prestigious dance company of her dreams, she thinks nothing can bring her down-- until she realizes she doesn't have enough money to go. Refusing to give up, Addie and her friends decide to put on a top-secret, invitation-only burlesque show to raise funds. But word soon gets out, and the slut- and body-shaming begin. Has Addie been resisting the patriarchy, or playing right into its hands?



NOT HUNGRY

Kate Karyus Quinn

June is fat. June also has an eating disorder, but no one sees. When she doesn't eat, her friends and family think they see a fat girl on a diet, not someone starving herself. When June's secret is found out by Toby, the new boy next door, she is panicked. Then she learns he also has a secret. Everyone has their own little lies.

DUMPLIN'

Julie Murphy

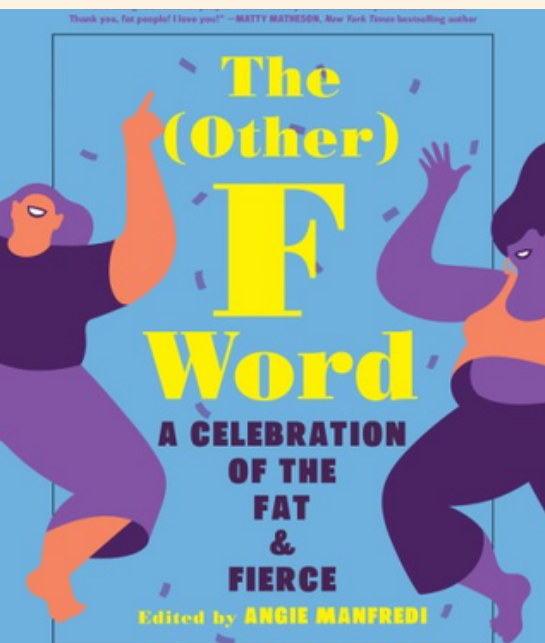
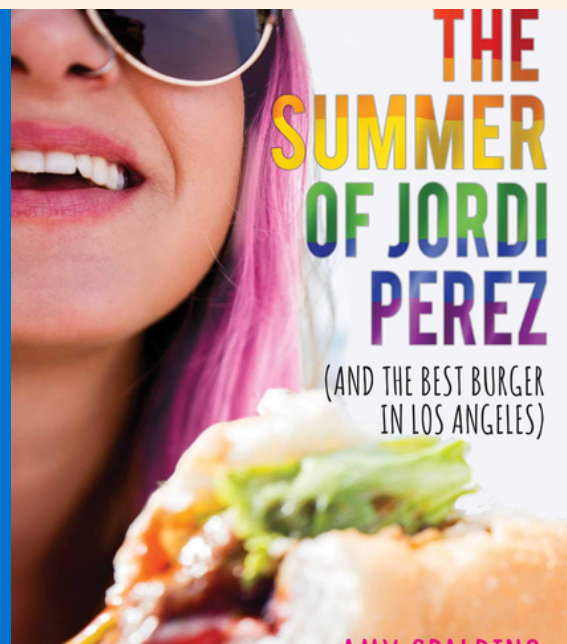
Sixteen-year-old Willowdean wants to prove to everyone in her small Texas town that she is more than just a fat girl, so, while grappling with her feelings for a co-worker who is clearly attracted to her, Will and some other misfits prepare to compete in the beauty pageant her mother runs.



THE SUMMER OF JORDI PEREZ : (AND THE BEST BURGER IN LOS ANGELES)

Amy Spalding

Seventeen-year-old Abby Ives is doing her best to stay positive. Her best friend and her college-age sister are both in romantic relationships that take up their attention. Her mother, a local L.A. celebrity, runs Eat Healthy with Norah! and disapproves of Abby's "plus size dress size" as well as her homosexuality. Abby focuses on her new internship at Lemonberry, an inventive clothing boutique, and her plus-size fashion blog ("I was designing how other people saw me, and that felt powerful"). Drama ensues when never-been-kissed Abby falls for her fellow intern, photographer Jordi Perez, with whom she's competing for a job.



THE (OTHER) F WORD : A CELEBRATION OF THE FAT & FIERCE

edited by Angie Manfredi

The (Other) F Word combines personal essays, prose, poetry, fashion tips, and art to create a relatable and attractive guide about body image and body positivity. This YA crossover anthology is meant for people of all sizes who desire to be seen and heard in a culture consumed by a narrow definition of beauty. The (Other) F Word offers readers and activists of all ages a guide for navigating our world with confidence and courage.



THERE'S SOMETHING ABOUT SWEETIE

Sandhya Menon

Ashish Patel is the basketball star of Richmond Academy. After being dumped by his girlfriend, he challenges his parents to make good on their constant threat to find him an Indian American girl to date. Their choice is Sweetie Nair, Piedmont High's track star. When Ashish's mother proposes the match, Sweetie's mother adamantly insists that their children aren't compatible--namely because Sweetie is fat. Furious with her mother's constant ragging about her weight, Sweetie takes matters into her own hands and agrees to the Patels' four-date contract without telling her parents.